

GET INVOLVED WITH RESEARCH



PARKINSON'S^{UK}
CHANGE ATTITUDES.
FIND A CURE.
JOIN US.



Parkinson's research, powered by you

Parkinson's is a complex progressive condition that can impact people in different ways. Although there's medication that can help manage some of the symptoms, currently there are no treatments that can slow or stop the condition.

Thanks to more than 50 years of Parkinson's research, we understand more about the condition than ever before. But researchers are still piecing together the clues as to what is causing Parkinson's and the best way to monitor and measure the progression of the condition.

The only way to accelerate this knowledge and investigate potentially groundbreaking new treatments, devices and therapies, is through research.

Everyone can play a part. The more people who get involved, the faster we'll get there.

What's the first step?

Join our Research Support Network (RSN) to receive regular emails with the latest research news, events and opportunities in a clear and accessible way. Whether you are someone with Parkinson's, a friend or loved one, or a healthcare professional, these emails are for you.

Sign up to the RSN
parkinsons.org.uk/rsn



“I signed up for research email alerts soon after

I was diagnosed in order for me to understand the direction of travel in the research field.”

Kathy French

Not online?

Get in touch with the Research team at Parkinson's UK on
020 7963 9326

Taking part in research

What does it involve?

Taking part in a research study can come in many forms, from questionnaires to trialling new treatments. Some research can be done from home, while other opportunities will involve visiting a hospital or research centre. Whatever you're ready for, you can make a difference by taking part.

Taking part in research could be:

- answering online or paper questionnaires and surveys
- sharing experiences with researchers
- trialling new treatments, therapies and medical devices
- undergoing assessments to look at movement, thinking and memory
- providing samples from blood and saliva to measure specific genes or proteins.

What's in it for me?

Many people who take part in research tell us it gives them

a feeling of control over what they are experiencing.

In some research you will get to spend time with experienced healthcare professionals, giving you the chance to discuss your own situation in more detail.

You'll contribute to better understanding Parkinson's. And help researchers get closer to finding better treatments and a cure, as well as improving current care. The more diverse the study group, the more research will reflect the experiences of everyone in the Parkinson's community.

What can I expect?

All research studies looking for people to take part have gone through a review process. Your data will remain confidential and used in line with the latest data protection requirements.

You will always get an information sheet to read and a consent form to sign before any research activity happens.



This will include information on reimbursing any expenses for things like travel.

You can stop taking part at any point.

If you have any questions, you can get in touch with the researchers leading the particular study or with us at research@parkinsons.org.uk

How can I find research to take part in?

You can search our complete list of studies looking for people to take part by going to

our website and typing your postcode into our Take Part Hub at parkinsons.org.uk/research/take-part-research



“Through taking part in research I'm learning more about the condition, connecting with other 'parkies' and engaging with researchers and specialists in the field. I feel like I'm contributing, and in my own little way, making a difference”

Kuhan Pushparatnam



Help guide Parkinson's research

People with Parkinson's are the experts on the condition. We make sure their voices are heard in research. There are a number of ways you can contribute.

We're keen to hear from people from all backgrounds. You don't need a degree or a scientific background to help inform and strengthen Parkinson's research. You don't have to have the condition yourself. You could be a partner, family member, close friend or healthcare professional. Your personal experience is what counts.

Volunteer with us to influence research

- Help improve race equality in research.
- Have a say on what research we fund.
- Work alongside researchers to shape the design and aims of research studies.
- Help us to spread the word about research.

For a full list of ways you can get involved, visit our website: parkinsons.org.uk/research-volunteering



“People with Parkinson's have to guide research - how else can researchers know what is important to us and how we feel?”

Laurel Miller

Got questions?

Email the Research team at research@parkinsons.org.uk or call us on **020 7963 9326** (please leave a message if we don't answer right away and we will get back to you).

We are Parkinson's UK.
Powered by people.
Funded by you.
Improving life for everyone
affected by Parkinson's.
Together we'll find a cure.

PARKINSON'S^{UK}

Free confidential helpline **0808 800 0303**

Monday to Friday 9am to 6pm, Saturday 10am to 2pm
(interpreting available)

NGT relay **18001 0808 800 0303**

(for textphone users only)

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parkinsons.org.uk

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