Lindop Parkinson's Assessment Scale

Patient name:

Hospital number:

	Date					
	Time of Ax					
	Walking aid					
	Time of last medication					
Gait mobility	Sit to stand:Unaided with ease	3	3	3	3	3
	Unaided with effort	2	2	2	2	2
	Help of one Help of 2+	$\begin{bmatrix} 1 \\ 0 \end{bmatrix}$				
	Timed 60+ sec	3	3	3	3	3
	unsupported 49-59 sec	$\frac{1}{2}$	$\frac{3}{2}$	2	2	2
	stand: 30-44 sec	1	1	1	1	1
	0-29 sec	0	0	0	0	0
	Timed up & go: 10-20 sec	3	3	3	3	3
	21-35 sec	2	2	2	2	2
	36-60 sec	1	1	1	1	1
	60+ sec	0	0	0	0	0
	180 turn to right: 4-6 steps	3	3	3	3	3
	7-8 steps	2	2	2	2	2
	9-10 steps	1	1	1	1	1
13 T	11+ steps	0	0	0	0	0
	180 turn to left: 4-6 steps 7-8 steps	3 2	$\begin{vmatrix} 3 \\ 2 \end{vmatrix}$	$\begin{bmatrix} 3 \\ 2 \end{bmatrix}$	3 2	3 2
	7-8 steps 9-10 steps	1	$\begin{bmatrix} 2 \\ 1 \end{bmatrix}$	1	1	$\begin{pmatrix} 2 \\ 1 \end{pmatrix}$
	11+ steps	$\begin{bmatrix} 1 \\ 0 \end{bmatrix}$	0			
	Walking through doorway:					
	No freeze/festination	3	3	3	3	3
	Some festination	2	2	2	2	2
	Freezes once	1	1	1	1	1
	Freezes 2+ times	0	0	0	0	0
	TOTAL					
Bed mobility	Sit to lie (56 cm bed):					
	Unaided with ease ($\leq 5 \text{ sec}$)	3	$\frac{3}{2}$	3	3	3
	Unaided with effort (6+ sec)	2	2	2	2	2
	Help of 1 Help of 2/unable	1 0	$\begin{bmatrix} 1 \\ 0 \end{bmatrix}$	$\begin{bmatrix} 1 \\ 0 \end{bmatrix}$	1 0	1 0
	Turn to left on bed:	U	U	U	U	U
	Unaided with ease (≤ 5 sec)	3	3	3	3	3
	Unaided with effort (6+ sec)	2	2	2	2	2
	Help on 1	1	1	1	1	1
	Help of 2/unable	0	0	0	0	0
	Turn to right on bed:					
ŭ	Unaided with ease ($\leq 5 \text{ sec}$)	3	3	3	3	3
``	Unaided with effort (6+ sec)	2	2	2	2	2
Bed	Help of 1	1	1	1	1	1
	Help of 2/unable	0	0	0	0	0
	Lie to sit on bed:					
	Unaided with ease ($\leq 5 \text{ sec}$)	3	$\begin{bmatrix} 3 \\ 2 \end{bmatrix}$	3	3	3
	Unaided with effort (6+ sec)	2	2	2	2	2
	Help of 1 Help of 2/unable	$\begin{bmatrix} 1 \\ 0 \end{bmatrix}$	$\begin{bmatrix} 1 \\ 0 \end{bmatrix}$	0	$\begin{bmatrix} 1 \\ 0 \end{bmatrix}$	$\begin{bmatrix} 1 \\ 0 \end{bmatrix}$
	TOTAL	0	U	U	U	U
						1
Signature						
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